

# The Muslim Survival Kit

*Distributed over 60 years ago by The Honorable Elijah Muhammad*

- Basic first-aid guide
- Moist towelettes
- Antiseptic towelettes
- Latex gloves
- Acetaminophen (Tylenol)
- Ibuprofen (Advil)
- Diphenhydramine (Benadryl)
- Loperamide (Imodium A-D)
- Burn cream
- Sting cream
- Sting Relief towelettes
- Hydrocortisone cream
- Triple Antibiotic Ointment (Neosporin)
- Cough Drops
- Earplugs
- Instant ice pack
- Tweezers
- Nail clippers
- Scissors
- Hand sanitizer
- Q-tips
- RAD sticker (personal radiation dosimeter)
- Potassium Iodide (radiation emergency thyroid blocker)
- Aspirin
- Thermometer (oral and rectal)
- Alcohol
- Adhesive Tape
- Gauze (rolls & pads)
- Band-Aids
- Epsom Salt
- Baking Soda
- Burn Ointment
- Hot Water Bottle
- Ice Cap Sulfur (powder or salve)
- Spirit of peppermint
- Milk of magnesia
- Maalox
- Keaopectate (for diarrhea)
- Sanitary Napkins
- Hexcel or Lysol
- \*Charcoal Can Heat
- Sterno Stove
- Coleman Stove
- Habaki Stove
- Kerosene Lamp
- Candles
- Matches
- Transistor Radio
- Flashlight
- Wool Blankets
- Sheets (bandages)
- Newspapers
- Cotton
- Scissors
- First Aid Book
- Ax and Shovel
- Antiseptic Solution
- Sodium Chloride Tabs.
- Triangular Bandage
- Drinking cups
- Safety pins
- Toilet soap
- Tongue Blades
- Water Purification Tablets
- Table salt
- Sodium citrate
- Bath towels
- Eye Drops
- Razor blades
- Splints
- Measuring spoons
- Vaseline
- @Pulverize charcoal, take 2 layers of cotton, put charcoal between them, dampen and use this as a gas mask